



Special introductory offer!

Subscribe Today!
540-374-5002

or e-mail us: delivery@freelancestar.com
Mention Code FDM12

See What's In It For You!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News <p>Region</p> <ul style="list-style-type: none"> Rob Hedelt's column ("Here and There") More news from the region and state Communities section Commuter Crossroads Federal Feedback Military Update Obituaries <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Steve DeShazo's column Grant Paulsen's column Scoreboard Saturday's lottery <p>Viewpoints</p> <ul style="list-style-type: none"> Thought-provoking commentaries on timely issues Columns by rotating columnists: Paul Akers, Dick Amrhine, Karen Owen and Linda White Editorials and letters to the editor Editorial cartoons <p>Business</p> <ul style="list-style-type: none"> Names and notes from the local business community Book reviews (best sellers) <p>Healthy Living</p> <ul style="list-style-type: none"> In-depth features on health issues Local physicians' columns Jennifer Mott's column ("Bright Eating") Health calendar Dr. Steven Mussey's cartoon <p>Travel</p> <ul style="list-style-type: none"> Learn about places to visit and see the sites Cybertrips (researching trips online) Travel Troubleshooter (by Christopher Elliot) Celebrations Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge Column, Horoscope Answers to crossword puzzle Sudoku puzzle Tonight's TV Listings/info. <p>Employment & Classifieds</p> <p>TV Star</p> <ul style="list-style-type: none"> TV program listings <p>Coupons/Advertisements</p> <p>Comics (2 sections)</p> <p>Puzzles page, including Sunday crossword</p> <p>USA Weekend Magazine</p>	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Steve DeShazo's column NASCAR review Scoreboard Sunday's lottery <p>Region</p> <ul style="list-style-type: none"> "Getting There" Kelly Hannon answers transportation questions More news from the region and state Obituaries Classifieds <p>Business</p> <ul style="list-style-type: none"> Auto trends <p>Life</p> <ul style="list-style-type: none"> People in your community Serialized stories for kids Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge, Horoscope, Heloise Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Kid Scoop (just for children, including weekly writing corner for area students) Sudoku puzzle <p>Extras – Neighborhood news</p> <ul style="list-style-type: none"> Stafford Extra Spotsylvania & City Extra 	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Athletic Honor Roll Scoreboard Monday's lottery <p>Region</p> <ul style="list-style-type: none"> Rob Hedelt's Column ("Here and There") More news from the region and state Obituaries Business headlines (Stock market review) Classifieds <p>Family</p> <ul style="list-style-type: none"> Real issues affecting real families Book Corner (by librarian Caroline Parr) Births Syndicated columns: Dear Abby, Dr. Paul Donohue, Parent to Parent, Bridge Column, Horoscope, Heloise Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Sudoku puzzle 	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Region</p> <ul style="list-style-type: none"> More news from the region and state Obituaries Editor's Voice column (by Ed Jones) <p>Business</p> <ul style="list-style-type: none"> Stock market review <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Scoreboard Tuesday's lottery <p>Food</p> <ul style="list-style-type: none"> Stories/photos about food, plus recipes 7-Day Menu Planner Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge, Horoscope, Heloise Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Sudoku puzzle <p>Swap Shop</p> <ul style="list-style-type: none"> A bargain hunter's dream! Buy, sell or swap just about anything. For items under \$50, place your ad for FREE! 	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Ken Perrotte's column ("Outdoors") Scoreboard Wednesday's lottery <p>Inside:</p> <ul style="list-style-type: none"> Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge, Horoscope, Heloise Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Sudoku puzzle <p>Region</p> <ul style="list-style-type: none"> Rob Hedelt's column ("Here and There") More news from the region and state Obituaries Classifieds <p>Business</p> <ul style="list-style-type: none"> Features on local companies Product recalls New businesses Stock market review <p>Weekender</p> <ul style="list-style-type: none"> Your local guide to good eats, culture, and entertainment! Plus event calendars crammed with cool ways to jazz up your life. 	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features NASCAR preview Scoreboard Recreation feature Horse Scene (by Betsy Carter) Thursday's lottery <p>Region</p> <ul style="list-style-type: none"> More news from the region and state Obituaries Business headlines (Stock market review) Donnie Johnston's column ("To the Point") <p>Life</p> <ul style="list-style-type: none"> Stories (people in the community) Cathy Dyson or Edie Gross column (alternating weekly) Movie reviews Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge, Horoscope, Heloise, Carolyn Hax Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Sudoku puzzle <p>it!</p> <ul style="list-style-type: none"> See the world through the eyes of local students every week in it! Pop culture comes alive with cutting-edge interviews, reviews and columns. Film Books The Internet Music <p>House & Home</p> <ul style="list-style-type: none"> Features about local homes Sensible Home (by James Dullely) Area mortgage rates Down to Earth (by area extension agents) Home of the Week <p>Automotive & Classifieds</p> <ul style="list-style-type: none"> Expanded auto section <p>Stars & Stripes U.S. Edition</p> <ul style="list-style-type: none"> In-depth coverage from inside the military 	<p>Main</p> <ul style="list-style-type: none"> The biggest headlines from the area, state, nation and world Weather Today in History National News World News Opinion <p>Region</p> <ul style="list-style-type: none"> More news from the region and state Obituaries Religion <p>Sports</p> <ul style="list-style-type: none"> Biggest news from the sports world along with features Scoreboard Friday's lottery <p>Business</p> <ul style="list-style-type: none"> Local business headlines Jean Chatzky's column ("Talking Money") Expanded stock review <p>Inside:</p> <ul style="list-style-type: none"> Soap Opera Digest Syndicated columns: Dear Abby, Dr. Paul Donohue, Bridge, Horoscope Tonight's TV Listings/info. Crossword puzzle Jumble KidSpot the Puzzler Cryptoquip Graffiti Sudoku puzzle <p>Real Estate & Classifieds</p> <ul style="list-style-type: none"> Real Estate Real Estate Transactions <p>Town & County</p> <ul style="list-style-type: none"> Exploring local history Donnie Johnston's column ("Common Sense") Jim Kundreskas' column ("Just Thinking") Paul Sullivan's column ("Armchair Adventure") Sarah Ferrell's column ("Devoted to Dogs") Tony Wrenn's column ("In a Virginia Garden")

The Free Lance-Star